

COVID-19 – Persisting challenges

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ABSTRACT

The world is continuing to experience the COVID-19 pandemic, which has resulted in more than 776 million reported cases and more than 7 million deaths as of 21 July 2024. However, we have often heard a lot of people refer to the pandemic in the past tense. “During COVID,” they say, or, “when we were in the pandemic... been repeatedly heard. Whatever it is, the challenges that came with it is still lingering and still poses a risk but we are no longer in the crisis state that we were in 2020. What are the persisting challenges from this COVID-19 pandemic? The five top challenges could be, 1. Balancing the live and livelihood since the COVID-19 pandemic has led to a global health crisis with severe economic and social consequences. 2. The COVID-19 pandemic, threatened to reverse the progress that’s been made in the elimination of many chronic diseases. For example, the guardian reported, “Twelve months of COVID-19 has reversed 12 years of global progress against tuberculosis”. 3. COVID-19 associated illness, long-term effects from the virus like long COVID which includes pulmonary, cardiovascular and neurological complications, as well as rehabilitation and psychological concerns. 4. Public fear and lack of trust still remain a challenge for health care system in managing future outbreak. And the 5th challenge is restructuring health care system to be more resilient and future pandemic proof.