
Book Reviews

LECTURES IN MEDICINE

by C.W.H. Havard M.A., D.M., M.R.C.P.
2nd Edition. Staples Press 1969

THIS EXCELLENT BOOK conveniently fills in the gaps in the normal medical student's knowledge of medicine, usually based on textbooks which are generally not known for being up to date on the more recent aspects of medical advances.

Topics dealt with are of current interest and importance, lucidly written and clearly explained. I should imagine that all medical students would benefit from reading it and so would residents and doctors who are looking for concise explanations of some of the more important and recent medical topics that are not often found together in one book.

I agree with the selection of most of the subjects which, in my experience, are the ones that most physicians find are not properly understood by their residents and this handy little book definitely fills a long felt need.

Lim Kee Jin

PROCEEDINGS OF FOURTH ASIAN-PACIFIC CONGRESS OF CARDIOLOGY

THIS ISSUE (VOL. 5 NO. 4) of the Israel Journal of Medical Sciences contains the proceedings of the fourth Asian-Pacific Congress of Cardiology which was held from 1-7 September 1968 at Jerusalem and Tel Aviv, Israel.

There is a representative collection of papers from all over the world, and apart from the significant contributions of Japan and Israel, there is a sad paucity of Asian effort. Some of the papers are highly scientific and abstruse in their content but they convincingly demonstrate their importance in the elucidation of clinical phenomena. But there are also good epidemiological and clinical studies on preventive aspects of cardiac diseases. Most of the important modern trends in cardiology are mentioned, and the comprehensive nature of the congress is impressive and enlightening, apart perhaps for the cardiac surgical field which was rather inadequate. Generally, most of the

papers are of a high standard and well edited and will be of interest to all clinicians, particularly those engaged in cardiology.

The various papers are neatly classified under different headings and the index reference makes it easy to look up any subject of special interest. The quality of the printing, diagrams and ECG reproductions are excellent. The volume is in a soft paperback binding and is priced at \$2.50 (US).

This book is a recommended addition for all those interested in cardiology, particularly in Asia.

V. Thuraisingam

BAILLIERE'S HANDBOOK OF FIRST AID Edited by Stanley Miles 6th Edn. 1970. pp 336, 180 illustrations, Bailliere, Tindall & Cassell, Lond. 20s. net.

THIS BOOK, first published in 1941, provides a complete and comprehensive training course in first aid which can readily be understood by the beginner as well as by the more advanced student.

The sixth edition has been extensively revised by Surgeon Rear-Admiral Stanley Miles to include recent technical advances in cardiac and respiratory resuscitation and the treatment of shock and burns.

The growing publicity in recent years associated with accidents on the roads, in the factory, at home and at play is arousing the public conscience and increasing the demands for first aid training. The subject is the concern of a wide section of the population and many organisations within the community, such as, for example, the armed forces, the police, the fire services, the ambulance services, the St. John's Ambulance Brigade, Red Cross Societies, will greatly benefit from the use of this book. It should also be useful to all doctors called upon to help in giving first aid classes to members of the public.

TEACHING FIRST AID. Edited by Stanley Miles and Peter J. Roylance 1970. Bailliere, Tindall and Cassell, London pp. 103. 18s. net.

THIS IS A COMPANION VOLUME to Bailliere's

Handbook of First Aid reviewed earlier. In the Foreword, Norman Carpenter, chairman of the Medical Commission on Accident Prevention, points out that this book has been written to encourage and assist the doctor in the teaching of first aid. It fills an important gap between the first aid manuals and the larger books on medical and surgical emergency treatment. The lay public, even those highly qualified in first aid, look to the doctor for guidance in this essential subdivision of medicine and this book shows what should be taught and how it should be taught.

ORTHOPAEDIC SURGERY IN SOUTH AND EAST ASIA

By R.D. Gunn 1969, pp. 192. University of Malaya Press, Kuala Lumpur. Distributor: University of Malaya Cooperative Bookshop Ltd., University of Malaya. M\$50/—.

THE PATTERN OF ORTHOPAEDIC diseases, as described in standard texts, is so different from that found in this part of the world that this is a welcome contribution for local surgeons and medical students by Professor R.D. Gunn who was for many years Professor of Orthopaedic Surgery in Singapore. The au-

thor presents the subject in a clear and concise manner and has copiously illustrated it with 255 figures of line drawings, photographs and X-rays.

All medical practitioners who have to deal with orthopaedic conditions and medical students will find it a useful tool.

FOOD AND NUTRITION IN MALAYSIA by Y.H. Chong. Bull. No. 14. Institute for Medical Research, Kuala Lumpur 16 pp. M\$2/—.

THIS SMALL PAMPHLET by the Senior Nutrition Officer of the IMR serves as an introduction and a source of reference to food and nutrition with emphasis on foodstuffs and nutritional problems of Malaysia. It gives, in simple language, by reference to local articles of diet, the carbohydrate, protein, fat, vitamin and mineral requirements to maintain good health. There is also a recommended daily dietary giving the total calories, proteins, minerals and vitamins suitable for Malaysians of both sexes and all ages.

There is also available a Malay version of this bulletin. Medical practitioners will find it a convenient pamphlet to pass on to their more intelligent patients when advising them on their dietary habits.

INFORMATION FOR AUTHORS

Manuscripts

All papers should be submitted in duplicate and addressed to Dr. A. A. Sandosham, Honorary Editor, Medical Journal of Malaya, Malayan Medical Association, 26-1B, Jalan Pekekiling, Kuala Lumpur. It is understood that papers submitted for publication have not been printed elsewhere. In exceptional cases, such papers may be considered if prior permission has been obtained by the author from the Editor of the journal in which it was first printed.

Manuscripts, written clearly and concisely, should be typed on one side of the paper with double spacing, giving wide margins. An indication should be given roughly as to where in the text the Tables and Figures are to be inserted.

Format

The format in general should be as follows: Title, Author's name and degrees followed by his address; Introduction; Material and Methods; Results; Summary; Acknowledgements; References. Scientific names should be underlined. References should be given only when cited in the text, in alphabetical order, in the following form: Surname of author(s), initials; year of publication, title of paper; title of journal (abbreviated according to the *World*

List of Scientific Periodicals and underlined); volume number double underlined; first and last page numbers of the work cited.

Illustrations

Illustrations and Tables should be in Indian ink on separate sheets of thick, smooth, white paper or Bristol board or in the form of photographs printed on glossy paper. Printing in colour may be undertaken at the author's expense where black and white illustrations will be found inadequate. Legends to text figures or Plates should be typed on separate sheets.

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